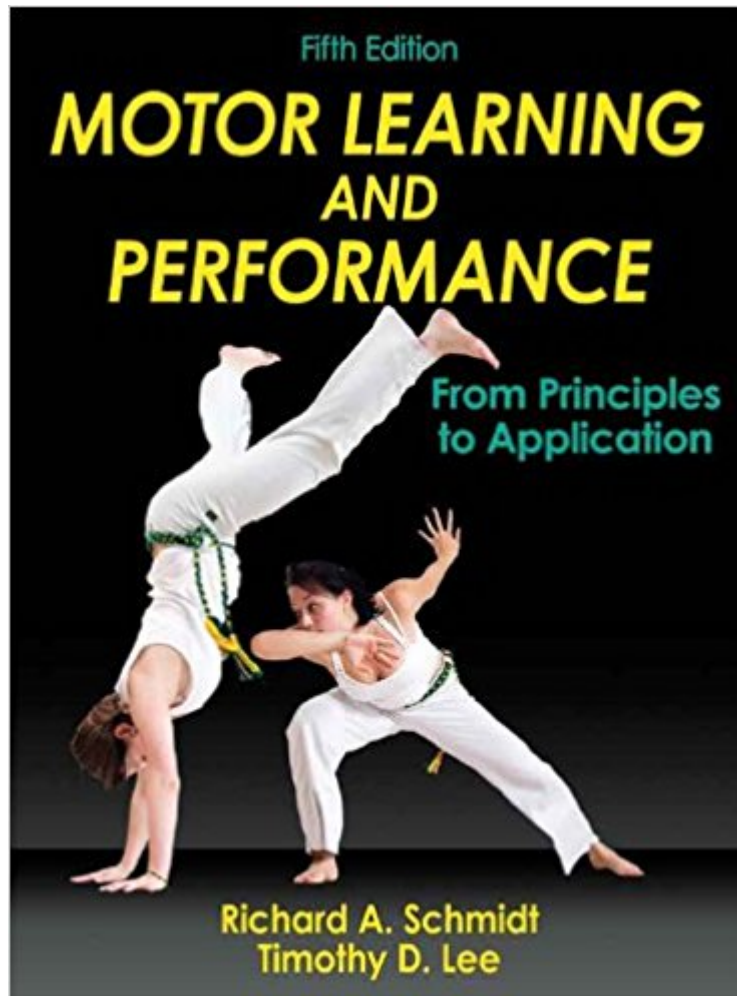




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Motor Learning And Performance, 5E



Synopsis

Combines a conceptual model of motor performance with a principles-to-application learning approach, making comprehension of the principles of motor performance and learning accessible even for students with little or no knowledge of physiology, psychology, statistical methods, and other basic sciences.

Book Information

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Development

Customer Reviews

Very short on what can reader do to improve performance

Ordered the book new, but the corner of the book is totally bent and about half of the pages are bent with it. But besides that the book was exactly what I needed for class and comes with the online access portion also.

Great examples overall easy to follow but there are points where it could be broken down in a more comprehensive way. As an older college student with science background it's a great book, my freshman and sophomore counterparts are struggling with the books presentation of material

The book came in perfect condition and was actually very helpful. My particular professor didn't really use material off this book (even though she said she would) but I still used it for personal knowledge and I really like it

Easy reading, Basic information on introduction to motor learning.

Very confusing. Topics were merged in each chapter, which made me ambivalent to pickup this book to study for exams. Quizlet was more reliable

I order the wrong book but this still was very helpful for my motor learning course.

It's ok. Its just that we don't use the book as often, at least for now. Perhaps later on in the semester it will be of more use

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